

■■■ skinsence

professional beauty treatments



**Skinsence**

107B Upper Woodcote Road,  
Caversham Heights,  
Reading, RG4 7JZ

Phone: 0118 9484362

Mobile: 0781 7526 531

Email: erikakaczur@googlemail.com

**Opening Hours**

Monday to Friday  
9:30am to 2:30pm.  
Saturday  
9:00pm to 1:00pm.

Professional Beauty Treatments

Price List

# Facial Treatments

## Hungarian Tranquillity Facial

Using an individual technique to reduce stress and tension from everyday life the Hungarian tranquillity facial is suitable for both men and women. It consists of a cleanse, tone, steam extraction, massage (face, neck and scalp), we use a compression masque at the end.

**1 hour 30 minutes £55**

## Multi-vitamin Power Facial

Ideal for skin conditions affected by premature ageing, this facial includes a vitamin power exfoliation and a vitamin recovery masque to noticeably improve elasticity, tone and texture.

**1 hour £45**

**1 hour 15 minutes £50**

## Medicated Clearing Treatment

The ultimate in acne management, this treatment targets current blemishes, whilst also helping to prevent future break-outs. The focus of this treatment is to purify your skin with deep cleansing, followed by extractions.

**1 hour £45**

**1 hour 15 minutes £50**

## Environmental Control Treatment

If your skin is feeling red, is inflamed or feeling itchy, this is the treatment for you. The soothing cleanse will remove impurities from your skin, and the oatmeal masque will instantly calm redness and reduce inflammation.

**1 hour £45**

**1 hour 15 minutes £50**

## Revitalising Facial

Give your skin a new lease of life with this nourishing facial which includes a cleanse tone exfoliation, massage and masque.

**45 minutes £40**

## Express Facial

A revitalising mini-facial for an instant “pick-up” when time is limited. The Express facial includes a cleanse tone exfoliation and a nourishing facial massage.

**30 minutes £30**

## Clear Start - facial for teens

Clear Start is the first serious skin care system aimed at helping teens cut through the hype to get clear skin. Tough on breakouts, gentle on skin. That's Clear Start.

**30 minutes £30**

## Optional extras for facials

You may add any of these to the above treatments:

Double masque £5

High frequency (soothing and anti-bacterial) £1/min

Galvanitic current (facilitates product absorption) £1/min

CACI Hydratone £15 / 15 min

# Specialised Facial Treatments

## CACI Quantum

CACI Quantum works to restore and redefine facial muscles reducing lines and wrinkles whilst simultaneously tightening and toning sagging body muscles.

**1 hour £45**

**1 hour 30 minutes £65**

**Course of 6 treatments £380**

**Course of 10 treatments £400**

CACI Quantum - eye or neck area

**30 minutes £30**

## CACI Hydratone

Hydratone combines active micro current rollers with a unique, electrically conductive gel mask that has been infused with powerful hydrating properties (collagen, hyaluronic acid, vitamin C, vitamin E). The rollers gently massage the face causing the mask to become “charged” so that the whole face is bathed with rejuvenating energy.

**15 minutes £15**

## BioskinLas

Microdermabrasion is a deep resurfacing treatment excellent for scarring, pigmentation and fine lines. It helps skin look younger, softer and more radiant. The effects are immediate. Microdermabrasion.

**1 hour £50**

**Course of 6 treatments £270**

## Mix & Match Specialised Facial

A combination of CACI, Hydratone and BiokinLas.

**1 hour 30 minutes £70**

**Course of 6 treatments £360**

# Manicures

## Jessica Manicure

Soak the nails, remove cuticles, file nails, hand and arm massage finishing with application of chosen nail paint.

**45 minutes £30**

## Jessica Luxury Manicure

Soak the nails, remove cuticles, file nails, hand and arm massage finishing with application of chosen nail paint. A hand masque and heated mitts are applied.

**1 hour £35**

## Paraffin Hand Softening Treatment

Why not add a touch of indulgence to your manicure with a Paraffin hand softening treatment complete with hand and arm massage?

**15 minutes £10**

## P. Shine – Japanese Manicure

A Japanese manicure or pedicure nail treatment concentrates on damaged, dry, cracked nails in a natural way. P. Shine introduces a unique new manicure process which gives you that same legendary lustre, blush and strength in your own nails naturally without nail polish or synthetic chemicals of any kind.

**30 minutes, no nail polish included £20**

# GELeration

## GELeration Manicure

Includes hand exfoliation, cuticle care, nail shape and file, hand massage and finishing with Jessica GELeration gel polish cured under a UV lamp.

**1 hour £35**

## GEL Removal

Removal of Gel polish

**£10**

File nails and application of GELeration

**30 minutes £20**

## Body Treatments

### Swedish-style Massage

A combination of essential oils are used to create the perfect massage for you. The deep tissue Swedish massage technique works on your individual needs to relieve muscle tension and sooth away stress.

Full body massage  
**1 hour £40**

Back-neck-shoulder massage  
**30 minutes £25**

### Back Treatment

To help purify the skin and alleviate stress. This treatment consists of a deep cleaning scrub, followed by extractions and an aromatherapy massage.

**45 minutes £35**

### Total Indulgence

Spoil yourself with nearly three hours of pampering from head to toe. Our total indulgence package includes a facial, a back, neck and shoulder massage, a pedicure and manicure and an eyebrow shape to complete the experience.

**3 hours £110**

### CACI Quantum - body

**30 minutes £25**

**Course of 6 treatments £120**

**Course of 10 treatments £200**

## Hydrotherm Massage

The relaxing warmth of the Hydrotherm system promotes an immediate sensation of well-being, enhancing the therapeutic effect of the massage.

The gentle heat of the water helps to soothe painful areas, allowing the therapist to work more deeply and with less discomfort to you. Hydrotherm is suitable for people of any age.

Full body  
**60 minutes £45**  
**45 minutes £40**

Back, neck and shoulders  
**30 minutes £26**

## Pregnancy Massage

This relaxing Hydrotherm treatment is for expectant mums from a therapist qualified at distinction level in advanced massage during pregnancy techniques. The Hydrotherm massage experience takes the weight off as you feel like you are floating in the ocean. Lay face up with no need to turn over throughout your whole treatment. Warm water will cocoon your body and relieve aches, pain and tension.

**1 hour full hydrotherm treatment £45**

## Pedicures

### Jessica ZEN SPA Pedicure

Soak the feet, exfoliate the skin, remove hard skin, file nails, remove cuticles, foot massage and apply nail paint.

**1 hour £40**

### Jessica Luxury Zen Pedicure

Soak the feet, exfoliate the skin, remove hard skin, file nails, remove cuticles, foot massage and apply nail paint. A foot mask and heated mittens are also applied.

**1 hour 15 minutes £45**

### GEleration Pedicure

Soak the feet, exfoliate the skin, remove hard skin, file nails, remove cuticles, foot massage and apply nail paint. Removing GEleration Nail Polish.

**1 hour £44**

Removing Nail Polish  
**£8**

## Callus Peel

The Callus Peel is applied to the problem areas allowing calluses to be scraped away quickly. This treatment takes just 30 minutes and you can see the results right away.

Your feet will be wrapped in a unique skin softening patch by Callus Peel which amazingly softens hard and callused skin. The dead skin is then scraped off with a special plastic scraper, followed by a skin polish to smooth away any remaining hard skin. The treatment is then followed by a massage with a rejuvenating cream which will deodorize and relax the feet.

**30 minutes £20**

## Electrolysis

For the permanent removal of unwanted hair. Free consultation.

**Up to 10 minute £10**

**Up to 25 minutes £20**

**Up to 60 minutes £43**

## Chromolite - Hair removal and skin

### rejuvenation IPL system

Patch Test and Consultation - (48 hour prior to treatment)  
**£20**

(Could be redeemed when booking a course or individual treatment)

Upper Lip <b>£30</b>	Bikini line <b>£75</b>	Chest & Back <b>£165</b>
Chin <b>£35</b>	Brazilian bikini line <b>£90</b>	Half leg <b>£120</b>
Lip & Chin <b>£60</b>	Under arm & Bikini line <b>£130</b>	Full leg <b>£195</b>
Centre of Eye Brow <b>£10</b>	Nipples <b>£35</b>	Full leg & Bikini line <b>£225</b>
Face <b>£65</b>	Chest <b>£85</b>	
Under arms <b>£65</b>	Back <b>£95</b>	

# Waxing

Please note that hair needs to be at least 1cm / 0.5 inches long.

Half leg <b>£14</b>	Arm <b>£14</b>
Three quarter leg <b>£16</b>	Underarms <b>£9</b>
Full leg <b>£22</b>	Lip or chin <b>£8</b>
Bikini line <b>£9</b>	Lip & chin <b>£13</b>
Brazilian £15	Eyelash tint <b>£13</b>
Full leg & Bikini <b>£28</b>	Eyebrow tint <b>£9</b>
Full leg & Brazilian <b>£36</b>	Eyelash & Eyebrow tint <b>£18</b>
Back or Chest <b>£22</b>	Eyebrow shape <b>£9</b>